# Appendix I - Promotion Matrix and Sign-Off Sheet

#### **Basic Guidebook**

### To obtain the rank of Young Marine Private First Class

<b>EO1: N</b>	March in double time.  Explain how to march in double time.	Authorized Evaluator's Initials			
<b>EO1: N</b>	Aarch in double time.				
<del></del>	Evaluin how to march in double time				
	Explain now to march in double time.				
b.	March in Double Time.				
EO2: March in mark time.					
a.	March in mark time.				
EO.3: I	March at the half step.				
a.	March at the half step from halt.				
b.	March at the half step in quick time.				
E04: E	xecute the halt.				
a.	Execute the halt when ordered.				
EO.5: I	March at route step.				
a.	March at route step.				
	Pass a uniform inspection.	1			
a.	Pass inspection in Woodland Camouflage.				
E02: I	dentify the rank structure of the Young Marines.		1		
a.	Identify the ranks in the Basic group, Junior group, Senior				
	group, and Advanced group.				
b.	Identify which two Young Marines ranks are billets only.				
	dentify and explain key features of the Young Marines program	n.	1		
a.	Identify the three Young Marine core values.	<u> </u>			
b.	Give an example of each of the core values.				
	Know and understand military terms and Marine jargon.	ı	1		
a.	Define the terms or Marine jargon listed in the Basic Guide-				
	book.				
Perfor	mance Objective 3: Field Skills				
	mance Objective 3: Field Skills Pack and carry individual clothing and equipment.				

EO2:	Demonstrate hiking techniques.		
a.	Pack for a hike.		
b.	Understand how to travel at night.		
C.	Explain what to eat and drink before a hike.		
EO3:	Tie a knot.		
a.	Name three ways to care for a rope.		
b.	Tie a thumb knot.		
C.	Tie a figure eight knot.		
d.	Tie a double figure eight knot.		
e.	Tie a square knot (reef knot).		
f.	Tie a clove hitch.		
g.	Tie a half hitch.		
E04:	Explain how to prevent and treat exposure injuries and illnesse	es.	
a.	Describe the effects and treatment of hypothermia.		
b.	Describe the effects and treatment of frostbite.		
C.	Describe how to protect against heat exhaustion and heat		
	stroke.		
d.	Explain the two main ways of telling if you are dehydrated.		
e.	Name two methods to help avoid being struck by lightning.		
E05:	Recognize environmental hazards.		
a.	Describe the defensive measures taken to protect against		
	poison ivy and poison oak.		
b.	Describe the defensive measures taken to protect against		
	insects.	<u> </u>	
C.	Describe the procedure for addressing tick bites.		
E06:	Demonstrate a concern for the environment.		
a.	Describe and demonstrate minimum camping impact.		
b.	Describe and demonstrate care for pristine environments.		
C.	Explain where to dump wastewater and what areas to avoid.		<u> </u>
d.	Describe the dimensions of a field latrine.		
e.	Explain the restrictions on latrines or cat holes.		
f.	Explain the restrictions on washing sites.		
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	rmance Objective 4: Navigation		
	Explain the basic principles of map reading.	<u> </u>	i e
a.	Describe three different types of maps.		
b.	Describe how to care for a map.		
C.	Identify the two scales used on topographical maps.	<u> </u>	
d.	Define a map scale of 1:50,000.		

#### Performance Objective 5: Healthy, Drug-Free Lifestyle (HDL)

a.	Explain why the Young Marines participate in Red Ribbon		
u.	Week.		
b.	Explain the Young Marines red cord initiative and how it	İ	İ
	promotes a healthy, drug-free lifestyle.		
Perf	ormance Objective 6: Public Speaking		
a.	Write or re-write an elevator speech that describes the		
	Young Marines program.		
b.	Incorporate examples of the Young Marines Creed and core		
	values into an elevator speech.		
Oorf	ormance Objective 7: Leadership		
	Define leaders and team members.		
a.	Discuss the difference in leaders and team members.		1
	•	•	
	ormance Objective 8: United States History and Citizensh Define citizenship and the responsibilities of good citizens	ip	
OI:			
a.	Explain the meaning of good citizenship.		
a. b.	Explain the meaning of good citizenship.		
a. b. <b>O2:</b>	Explain the meaning of good citizenship.  Understand and exemplify the responsibilities of citizens.		
a. b. <b>:02:</b> a.	Explain the meaning of good citizenship.  Understand and exemplify the responsibilities of citizens.  Provide a short history of the U.S. flag.		
a. b. <b>:02:</b> a.	Explain the meaning of good citizenship.  Understand and exemplify the responsibilities of citizens.  Provide a short history of the U.S. flag.  Provide a short history of the U.S. Flag.		
a. b. <b>02:</b> a.	Explain the meaning of good citizenship.  Understand and exemplify the responsibilities of citizens.  Provide a short history of the U.S. flag.  Provide a short history of the U.S. Flag.  Demonstrate proper flag etiquette.		
a. b. <b>O2:</b> a. <b>O3:</b> a. b.	Explain the meaning of good citizenship.  Understand and exemplify the responsibilities of citizens.  Provide a short history of the U.S. flag.  Provide a short history of the U.S. Flag.  Demonstrate proper flag etiquette.  Describe how to display national and state flags.  Explain when to raise and lower the flag.		
a. b. a. <b>O3:</b> a. b.	Explain the meaning of good citizenship.  Understand and exemplify the responsibilities of citizens.  Provide a short history of the U.S. flag.  Provide a short history of the U.S. Flag.  Demonstrate proper flag etiquette.  Describe how to display national and state flags.  Explain when to raise and lower the flag.  ormance Objective 9: Fitness, Health, and First Aid		
a. b. 602: a. a. b. Perfectors	Explain the meaning of good citizenship.  Understand and exemplify the responsibilities of citizens.  Provide a short history of the U.S. flag.  Provide a short history of the U.S. Flag.  Demonstrate proper flag etiquette.  Describe how to display national and state flags.  Explain when to raise and lower the flag.  Ormance Objective 9: Fitness, Health, and First Aid Identify the definition, importance and components of Physical	Fitness.	
a. b. 603: a. b. Perfectors a.	Explain the meaning of good citizenship.  Understand and exemplify the responsibilities of citizens.  Provide a short history of the U.S. flag.  Provide a short history of the U.S. Flag.  Demonstrate proper flag etiquette.  Describe how to display national and state flags.  Explain when to raise and lower the flag.  ormance Objective 9: Fitness, Health, and First Aid Identify the definition, importance and components of Physical Identify exercises that target physical fitness components.	Fitness.	
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a. b. 602: a. b. Perfo. a. b. b.	Explain the meaning of good citizenship.  Understand and exemplify the responsibilities of citizens.  Provide a short history of the U.S. flag.  Provide a short history of the U.S. Flag.  Demonstrate proper flag etiquette.  Describe how to display national and state flags.  Explain when to raise and lower the flag.  ormance Objective 9: Fitness, Health, and First Aid Identify the definition, importance and components of Physical Identify exercises that target physical fitness components.	Fitness.	
a. b. cos: a. b. cos: a. b. cos: a. b. cos: a. b. cos: a. b. cos: a. b. cos: a. b. cos: a. b. cos: a. b. cos: a. b. cos: a. b. cos: a. b. cos: a. b. cos: a. cos: a. b. cos: a.  Explain the meaning of good citizenship.  Understand and exemplify the responsibilities of citizens.  Provide a short history of the U.S. flag.  Provide a short history of the U.S. Flag.  Demonstrate proper flag etiquette.  Describe how to display national and state flags.  Explain when to raise and lower the flag.  ormance Objective 9: Fitness, Health, and First Aid Identify the definition, importance and components of Physical Identify exercises that target physical fitness components.  Describe the difference in endurance, strength training, and flexibility exercises and give examples of each.  Pass the Young Marines Physical Fitness Test.	Fitness.		
a. b. 602: a. b. co3: b. co4: b. co5: a. b. co5: a. b.	Explain the meaning of good citizenship.  Understand and exemplify the responsibilities of citizens.  Provide a short history of the U.S. flag.  Provide a short history of the U.S. Flag.  Demonstrate proper flag etiquette.  Describe how to display national and state flags.  Explain when to raise and lower the flag.  Ormance Objective 9: Fitness, Health, and First Aid Identify the definition, importance and components of Physical Identify exercises that target physical fitness components.  Describe the difference in endurance, strength training, and flexibility exercises and give examples of each.  Pass the Young Marines Physical Fitness Test.  Pass the PFT or continue to improve PFT scores.	Fitness.	
a. b. cos: a. b. cos: a. b. cos: a. b. cos: a. b. cos: a. cos:	Explain the meaning of good citizenship.  Understand and exemplify the responsibilities of citizens.  Provide a short history of the U.S. flag.  Provide a short history of the U.S. Flag.  Demonstrate proper flag etiquette.  Describe how to display national and state flags.  Explain when to raise and lower the flag.  Ormance Objective 9: Fitness, Health, and First Aid Identify the definition, importance and components of Physical Identify exercises that target physical fitness components.  Describe the difference in endurance, strength training, and flexibility exercises and give examples of each.  Pass the Young Marines Physical Fitness Test.  Pass the PFT or continue to improve PFT scores.  Explain the difference in healthy and unhealthy foods.	Fitness.	
a. b. EO2: a. b. Perfo  a. b. a. a. a. b.	Explain the meaning of good citizenship.  Understand and exemplify the responsibilities of citizens.  Provide a short history of the U.S. flag.  Provide a short history of the U.S. Flag.  Demonstrate proper flag etiquette.  Describe how to display national and state flags.  Explain when to raise and lower the flag.  Ormance Objective 9: Fitness, Health, and First Aid Identify the definition, importance and components of Physical Identify exercises that target physical fitness components.  Describe the difference in endurance, strength training, and flexibility exercises and give examples of each.  Pass the Young Marines Physical Fitness Test.  Pass the PFT or continue to improve PFT scores.	Fitness.	

### EO4: Pursue a healthy lifestyle.

a.	Explain how many servings of fruits and vegetables are	
	needed each day.	
b.	Determine how much water to drink each day.	
C.	Explain the dangers of alcohol and drugs to the body.	

## EO5: Recognize and react to emergency situations.

a.	Identify situations that would qualify as an emergency.	
b.	Explain the chain of command for emergency situations.	

# To obtain the rank of Young Marine Lance Corporal

Perfo	rmance Objective 1: Close Order Drill	Authorize	ed
	•		·'s
E01:	Complete corrective movements.	Initials	Date
a.	Perform change step.		
b.	Perform side step.		
c.	Perform back step.		
EO2:	Form a column from a line.	•	•
a.	Form Column from Line while in formation (Squad or Team		
	on-line).		
EO3:	Execute column movements.		
a.	Execute Column Right and Column Half Right while in for-		
	mation (Squad or Team on-line).		
b.	Execute Column Left and Column Half Left while in forma-		
	tion (Squad or Team on-line).		
C.	Execute Column Right and Column Left from the Halt while		
	in formation (Squad or Team on-line).		
d.	Describe the Base Element.		
E04:	March to the rear.	<u> </u>	
a.	March to the rear from halt.		
b.	March to the rear in quick time.		
E05:	Execute directional movements.	•	•
a.	March to the flank.		
b.	March to the oblique.	İ	
Perfo	rmance Objective 2: General Knowledge		
	Recite the Young Marines Hymn.		
a.	Properly recite the Young Marines Hymn.		
E02:	Identify key events in the Young Marines history.	•	
a.	Identify the year and location where the Young Marines was		
	founded.		
b.	Identify the location where the Young Marines was adopted		
	as a national program.		
c.	Identify where the official charter of the Young Marines was		
	issued.		
d.	Identify the year Young Marines membership was extended		
	to females.		
e.	Identify the year the Young Marines went international with		
	their first unit in Okinawa Janan		

EO3:	Identify the Personal, Achievement, Service, and Qualification A	wards.	
a.	Explain what a personal award is.		
b.	Explain what an achievement award is.		
C.	Explain what a service award is.		
d.	Explain what a qualification award is.		
E04:	Observe military customs and courtesies.		
a.	Properly address senior Young Marines, Unit Commanders, and other adult staff.		
b.	Demonstrate how to enter and exit a Young Marine office.		
C.	Render honors to the National Standard in and out of uniform.		
d.	Render honors to the National Anthem in and out of uniform.		
	rmance Objective 3: Field Skills Apply principles of outdoor tools safety.		
a.	Identify the various outdoor tools and describe how to care for each.		
E02:	Demonstrate stove and lantern safety.		
a.	Describe the safety procedures for a stove.		
b.	Describe the safety procedures for a lantern.	<u> </u>	
E03:	Explain protocols for camp preparation.		<del>,</del>
a.	Identify three things to look for and three things to avoid when selecting a camp site.		
b.	Describe the ideal location for a camp in proximity to water and trails.		
c.	Explain how to construct a basic tent.		
d.	Assist with shelter construction.		
E04:	Light a fire.		
a.	Collect proper safety equipment to have on hand before starting a fire.		
b.	Identify the three components required to start a fire.		
C.	Identify the four basic categories of fuel for a campfire.		
d.	Explain what kindling is.		
e.	Light a fire using traditional tools (matches, lighters, etc.).		
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EO5:	Assemble a survival kit.		
a.	List the items that are essential for a field survival kit.		
E06:	Discuss the principles for outdoor cooking, storage, and water $\boldsymbol{\mu}$	rocured in	the field.
a.	Demonstrate two ways to collect safe drinking water.		
b.	Demonstrate how to prepare water found in the field for		
	drinking.		
c.	Demonstrate the safest and simplest way to store and cook		
	fresh food in the field.		
E07:	Participate in a unit or city-wide conservation effort.		
a.	Assist with unit and city-wide conservation efforts initiated		
	within the unit.		
	rmance Objective 4: Navigation  Locate a specific point on a map using a four-figure grid referer  Locate a specific grid square on a map using a four-figure	nce.	
	grid coordinate.		
	Navigate familiar terrain using terrain features.	1	
a.	Identify position when given a map of a familiar area.		
b.	Identify and explain handrails and collecting and catching		
	features on a map.		
C.	Identify landmarks on the ground and locate on a map.		
d.	Orient a map so that north on the map corresponds to north		
	on the ground.		
	rmance Objective 5: Healthy, Drug-Free Lifestyle (HDL) Educate peers on the importance of being drug free.		
a.	Help 10 people pledge to be drug free.		
	rmance Objective 6: Public Speaking Prepare and construct a basic speech.		r
a.	List the basic elements of speech preparation.		
b.	Determine the purpose of a speech.		
C.	Adapt the speech for audience and occasion.		
d.	Gather evidence for support.		
e.	Write a draft of the speech.		
EO2:	Demonstrate basic speech techniques.		
a.	Speak slowly and clearly.		
b.	Use notes appropriately.		
C.	Show evidence of having rehearsed the speech.		

E03:	Utilize visual aids.		
a.	Incorporate a visual aid such as a poster or PowerPoint presentation.		
E04:	Prepare for audience questions.		
a.	Prepare for audience questions.		
b.	Respond respectfully and clearly to audience questions.		
EO5:	Give a Speech.		
a.	Give a three to five-minute speech on topic of Young Marine's choice.		
	ormance Objective 7: Leadership : Discuss positive leaders.		
a.	Identify qualities that make people strong leaders.		
b.	Give examples of positive leaders in their lives.		
C.	Explain how the Young Marines Code of Conduct helps to create positive leaders.		
E02:	Reflect on leadership experiences.	•	
a.	Explain why the Young Marines Code of Conduct is essential for being a good leader.		
b.	Create a plan for leadership development based on Basic Young Marines LEF score.		
	ormance Objective 8: United States History and Citizenship Explain the type of government in the United States.		
a.	Identify and explain the type of government in the United States.		
E02:	Perform community service.		
a.	Perform 50 hours of community service as described in the Young Marines Awards Manual.		
	ormance Objective 9: Fitness, Health, and First Aid : Commit to a personal physical fitness program.		•
a.	Commit to a physical fitness program.		
b.	Design a personal physical fitness program with the help of Senior or Advanced Young Marines.		
E02:	Pass the Young Marines Physical Fitness Test.		
a.	Pass the PFT or continue to improve PFT scores.		
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#### EO3: Explain factors relating to weight loss and weight gain.

Assemble and restock a first aid kit.

Earn the Basic First Aid Ribbon.

d.

a.	Explain the effect of added sugar on the body.	
b.	Identify foods with added sugars.	
C.	Explain how to balance diet and exercise to stay healthy.	
E04:	Demonstrate an understanding of basic first aid.	
a.	Describe the "Good Samaritan" law in home state.	
b.	Describe the items along with their function that should be	
	carried in personal first aid kits.	